



AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Mountain Valley Chapter

October is National Protect Your Hearing Month. [Listen in to these tips.](#)

CHAPTER OFFICERS

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GOLD LEVEL CHAPTER
2025-2026

WE WANT TO HEAR FROM YOU

MEETINGS FOR 2027

Our expansive geographical footprint leaves us with significant difficulties in planning where and when to meet to best meet the needs of our chapter. Typically we plan meetings around the Roanoke and Lynchburg areas because those are our higher concentrations of membership.

If you are a member in a more remote area, we'd love to hear from you with any ideas of ways we might meet any goals you have as a chapter member.



UPCOMING EVENTS

Oct 10 th	Roanoke Heart and Stroke Walk
Oct 22 nd	LU Safety Day
Nov 9 th	Chapter Meeting - DOLI
Nov 17 th	INBIODYN Tour
December	Volun-cheers Event

REGISTER AT [MOUNTAINVALLEY.ASSP.ORG/EVENT](https://MountainValleyASSPComm@outlook.com)

MONTHLY MEETING

PAST CHAPTER MEETINGS

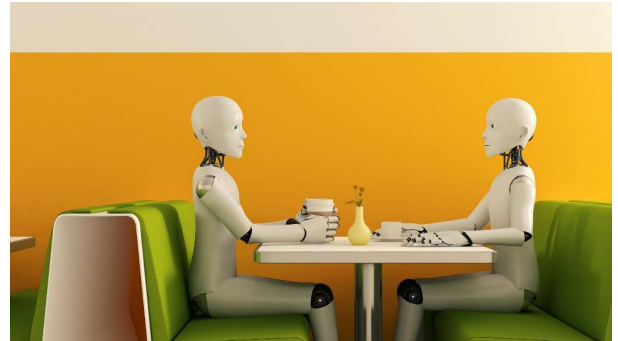
August

Details: Carlton Davis gave us preview of his Regional PDC presentation on “Why we miss zero”.

September

Details: Bob Drane provided a detailed update from the Governmental Affairs Committee.

If you are interested in hosting a future meeting, please reach out to mountainvalleyasspcomm@outlook.com.



UPCOMING MEETINGS

REGISTER AT [Events - Mountain Valley ASSP](#)

DOLI Presentation

November 9th, 2026: 11:30am – 1:00pm

Address: 102 Market St SE, Roanoke, Virginia, 24011

Details: William Brewer, Senior Safety Consultant at the Virginia Department of Labor and Industry (DOLI) will present on current DOLI topics and meet with chapter members.

INBIODYN Tour

November 17th, 2026: 4:00pm – 6:00pm

Address: 1357 Southside Dr, Salem, Virginia, 24153

Details: We are excited to have the opportunity to tour the Inbiodyn facility and see the latest in slip simulation technology! <https://inbiodyn.com/>. More details on Page 4

UPCOMING EDUCATION

ASSOCIATE SAFETY PROFESSIONAL (ASP) EXAM PREP COURSE

Date: December 7-9, 2026 from 8:00 am to 4:30 p.m. CT

Format: Online-Instructor-Led

Credits: 3.00 Continuing Education Units

Retail Price-\$1,360.00

Member Price-\$1,135.00

Register at [Event Information - ASSP](#)

Course Description

Prepare for the Associate Safety Professional (ASP 11) certification exam with a comprehensive review course designed to build confidence and ensure well-rounded preparation.

Aligned with the BCSP ASP exam blueprint, this course reinforces foundational environmental, health and safety (EHS) knowledge while strengthening the analytical reasoning and test-taking skills critical for success. Participants gain access to video lectures, structured study outlines, detailed workbooks and more than 800 practice questions spanning all exam domains. Practice quizzes with detailed feedback help identify strengths and focus additional study where needed.

Reflecting ASSP's commitment to community, the course includes an integrated discussion forum that connects learners across all formats with experienced instructors and peers. This collaborative environment supports ongoing dialogue, allowing participants to ask questions, exchange insights and clarify complex topics throughout their preparation.

The course also provides practical guidance on the ASP exam process, certification requirements and effective study strategies. A TI-30XS scientific calculator is required for participation in math-focused exercises.

What You Will Learn

- Calculate and interpret safety, health exposure, and financial metrics using mathematical and statistical methods.
- Apply safety management systems, hazard analysis methods and the hierarchy of controls to reduce risk.
- Analyze hazards in core safety areas (e.g., fall protection, electrical safety, confined spaces).
- Apply ergonomic risk assessment tools to prevent musculoskeletal disorders.
- Apply fire science principles and protection strategies to prevent and control incidents.
- Develop and evaluate emergency preparedness and response plans.
- Assess and control industrial hygiene and occupational health hazards using exposure limits and monitoring methods.
- Apply environmental management and sustainability principles within EHS programs.
- Evaluate legal obligations, training effectiveness, and communication strategies to ensure compliance and strengthen safety culture.
- Review BCSP certification requirements, exam policies and scoring for the ASP credential.
- Assess your strengths and knowledge gaps as the foundation for a successful study plan.

Certified Safety Professional (CSP) Exam Prep Course is also available at the same timeframe as well! [Click here for details.](#)

CHAPTER AWARDS

NOMINEES FOR ROBERT P CALHOUN SERVICE AWARD

This award is special to our local chapter. Created in 2024 and named for one of our own, who gave what seemed endlessly to the chapter, while never seeking any recognition. This award is always open for nominations; a formal process has not yet been developed. Currently, nominees should be submitted to the executive committee for consideration.



INBIODYN
Learn by Doing

INBIODYN

From the INBIODYN Webpage:

"Expertise matters. Every aspect of our Training Systems, from initial concept to final on-site training hardware and techniques, is proven by research and designed by our expert team at Inbiodyn. While our clients range from small companies to massive international organizations, our fundamental approach remains consistent. Whether it's a class of 10 or a permanent installation training thousands of employees per year, it always comes down to shaping the training around how people learn."

5 TIPS FOR HAVING A GREAT FALL

PROTECTION SYSTEM

From the National ASSP LinkedIn Page. Check out the original post [HERE](#).



01

Design fall protection systems in a way that best suits your workforce. Using a qualified person can help ensure the system is designed properly and uses engineering controls.



02

Test PPE and other equipment to ensure that it will provide an appropriate level of protection during real-world use. Work with manufacturers to develop PPE that is suited to each individual worker and project.



03

Examine anchorages and where they allow workers to tie off. Elevating anchorages is fundamental for reducing injury potential when workers experience a fall.



04

Tailor your fall protection training to the management system, equipment and rescue procedures you have in place. It's crucial for workers to understand the purpose of each piece of equipment and its proper use.



05

Wear and tear over time can cause equipment to deteriorate. Ensure all equipment is properly maintained and inspected before each use to make sure it's fit for service.



Get the knowledge you need to design, implement and use fall protection systems.

Visit
[ASSP.org/fall-protection](https://www.assp.org/fall-protection)

