



AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Mountain Valley Chapter

September is National Preparedness Month!

CHAPTER OFFICERS

President:	Glenn Hargrove, CIH, CSP, PG, CHMM; GHargrove@FandR.com
Vice- President:	Carlton Davis, MSOS, CSP cdavis@transmontaigne.com
Secretary:	Amanda C Sandidge Engstrom, CIH, CSP aengstrom@fandr.com
Treasurer:	Jesse D. Phillips, CIH, CSP jphillips@fandr.com

COMMITTEE CHAIRS & CONTRIBUTORS

Governmental Affairs	Bob Drane, MS, CSP, ASP, OSHS rldrane1994@gmail.com
Membership	Glenn Hargrove, CIH, CSP, PG, CHMM; GHargrove@FandR.com
Nominations	Chad Bowman
Awards	Jackie Brown
Jobs	Jesse D. Phillips, CIH, CSP jphillips@fandr.com
Past President	Carlton Davis, MSOS, CSP cdavis@transmontaigne.com
Communication	Vacant

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SAFE HEARTS

2025 ROANOKE HEART WALK

9 out of 10 people who suffer cardiac arrest outside the hospital die. In most of those cases, bystander CPR was not performed. But we can change this. Cardiac arrests happen at work, in homes, on athletic fields and in neighborhoods everywhere, and the readiness of our community can be the difference between life and death. It's time to unite, take action, and save lives. Every walker who joins, every dollar donated, means more people trained in lifesaving CPR, more research and more lifesaving moments for everyone.

We Walk to Save Lives. Help us reach our goal today by joining our team or donating towards our goal. Together, we can turn bystanders into lifesavers.

[Sign up here to walk or donate!](#)

UPCOMING EVENTS

REGISTER AT [MOUNTAINVALLEY.ASSP.ORG/EVENT](https://MountainValleyASSP.org/Event)

Sep 17-19	Region VI PDC
Oct 17-19	Roanoke GOfest
Oct 25	Roanoke Heart Walk



GOLD LEVEL CHAPTER
2024-2025

MONTHLY MEETING

AUGUST AND SEPTEMBER CHAPTER MEETINGS

Aug 11th, 2025: Noon-1:30pm EST

Address: Center for Engineering Research and Education (CERE), 1173 Research Way, Forest, VA, US, 24551

Details: Carlton Davis - Blanket Forts, M&Ms, and the 100 Acre Wood (The fantasy world of safety data & documentation)

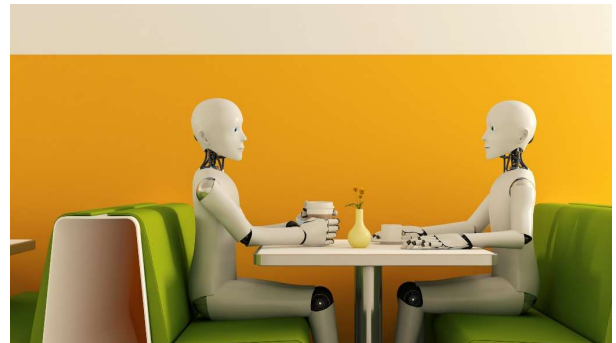
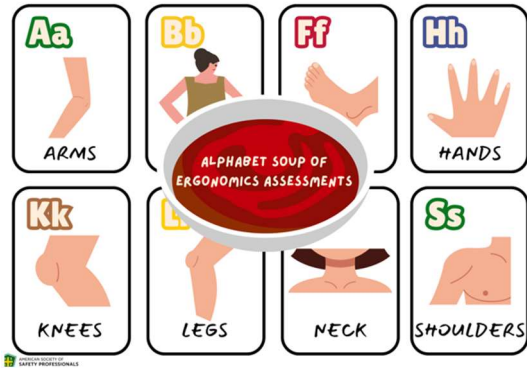
Carlton provided an excellent view of the world of effective documentation strategies. Focusing on how safety data should be meaningful and actionable.

September 8th, 2025: Noon-1:30pm EST

Address: Shaker's Roanoke, VA

Details: Susan Wilcox - "Alphabet Soup of Ergonomics Assessments"

Susan gave an overview of the ergonomics discipline and identified valuable tools for the assessment of workplace ergonomics.



UPCOMING MEETINGS

REGISTER AT [Events - Mountain Valley ASSP](#)

Oct 17-19th, 2025: Check Festival Page for Times

Address: Elmwood Park 706 S Jefferson St, Roanoke, VA 24016

Details: [Home Page - Roanoke GO Fest](#)

Oct 25th, 2025: 9:00am Festivities Begin, 9:30am Opening Ceremonies, 10:00am Walk Begins

Address: River's Edge Park 302 Wiley Dive Southwest Roanoke, VA 24014

Details: [2025 Roanoke Regional Heart & Stroke Walk: Mountain Valley ASSP - Heart Walk - American Heart Association](#)



**American
Heart
Association®**

UPCOMING EDUCATION

TACKLING PSYCHOSOCIAL HAZARDS IN THE WORKPLACE

Date: September 24, 2025, from 11:00 am To 12:00 pm CDT

Format: Webinar

Credits: 0.1 Continuing Education Units

Register at [Event Information - ASSP](#)

Course Description

This panel will address crucial questions such as:

- What are psychosocial hazards, and how do they impact employees and operations?
- How do emotional, behavioral, and relational challenges contribute to workplace injuries and fatalities?
- What does the 2025 Veriforce State of Psychological Safety Survey reveal—and how should organizations respond?
- What are today's most significant external stressors for workers?
- Which internal organizational factors (intentional or not) create stress or toxic environments?
- Who bears responsibility for psychological safety, and where can the most change occur?
- What can individuals do when facing psychologically unsafe conditions—both short-term and long-term?

Join us for a compelling panel discussion on one of the most critical and timely topics in workplace safety today—psychosocial hazards. This session will explore the deep connections between mental well-being, psychological safety, and the reduction of serious injuries and fatalities (SIFs) in the workplace.

What You Will Learn

- Recognize the impact of psychological health and safety on workplace communications.
- Discuss the connection between psychosocial hazards and serious injuries and fatalities.
- Evaluate organizational decisions and their impacts on the psychological health and wellbeing of the personnel.

Speakers

Speaker 1 - Dr. I David Daniels

Speaker 2 - Georgia Bryce Hutchinson

Speaker 3 / Moderator (Dr. Simon Goncharenko)



SAFETY MINUTE

LIBERTY UNIVERSITY STUDENT CHAPTER

ISE CAPSTONE AND SERVICE PROJECTS

Greetings all ASSP Members! Do you have a project or two that you just don't have the staff to cover? Consider supporting a Liberty University Industrial & Systems Engineering capstone or research project. Capstone projects run for two semesters (Fall and Spring) while research projects can be one semester. If you are interested in learning more about this opportunity, please reach out to Diana Schwerha at dschwerha@liberty.edu

CHAPTER AWARDS

NOMINEES FOR ROBERT P CALHOUN SERVICE AWARD

This award is special to our local chapter. Created in 2024 and named for one of our own, who gave what seemed endlessly to the chapter, while never seeking any recognition. This award is always open for nominations; a formal process has not yet been developed. Currently, nominees should be submitted to the executive committee for consideration.



NOMINEES FOR SPY

Safety Professional of the year. This award is presented on a chapter, region, and national level. It seeks to spotlight an ASSP member "who demonstrates outstanding achievement in the Occupational Safety & Health (OSH) field while also advancing the OSH profession overall." - assp.org.

We haven't had a chapter SPY in some years and would love to see this award rekindled. Our chapter SPY will also serve as our nominee for Region VI SPY. We will be streamlining the nomination process to align with the requirements for Region VI SPY & will begin soliciting nominees this summer.



2025 PDC

REGION VI PDC IN MYRTLE BEACH, NC



September 17-19, 2025

We invite you to experience the “Biggest Little PDC” in beautiful Myrtle Beach, South Carolina! This annual conference is one of the most sought-after events in the region for safety professionals, offering the opportunity to learn best practices in **Safety, Health, Industrial Hygiene, and Environmental Issues**.

With over **350+ attendees** and **35+ sponsors and exhibitors**, the 2025 PDC promises three action-packed days of networking, education, and innovation. The event will feature **keynote sessions, 30 breakout presentations** across three concurrent tracks, and an **Exhibit Hall** showcasing the latest industry products and services.

Whether you’re a seasoned safety professional or new to the field, the ASSP Region VI PDC provides invaluable resources, networking, and insights to help you grow and stay ahead in your profession. Don’t miss out on this incredible opportunity!

Want to be a chapter liason? Contact us directly for details and to participate.

LEARN MORE HERE! [ASSP Region VI PDC](#)