



January is radon awareness month. Read more here.

**CHAPTER OFFICERS**

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Secretary:	Amanda C Sandidge Engstrom, CIH, CSP <a href="mailto:asengstrom@ei1.com">asengstrom@ei1.com</a>
Treasurer:	Jesse D. Phillips, CIH, CSP <a href="mailto:jphillips@fandr.com">jphillips@fandr.com</a>

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**IN THIS ISSUE**

- Upcoming Meetings
- National and Regional Elections
- Safety Minute – Student Article by Danielle G. Zamperini
- Local Elections

**CALL FOR NOMINATIONS**

**2025 ELECTION**

Local Election Candidates needed for all positions! See Page 5.



**RUN FOR OFFICE!**

Throw your hat in the ring!



**UPCOMING EVENTS**

**REGISTER AT [MOUNTAINVALLEY.ASSP.ORG/EVENT](https://mountainvalley.assp.org/event)**

Feb 10	Feb Chapter Meeting
Mar 17	March Chapter Meeting



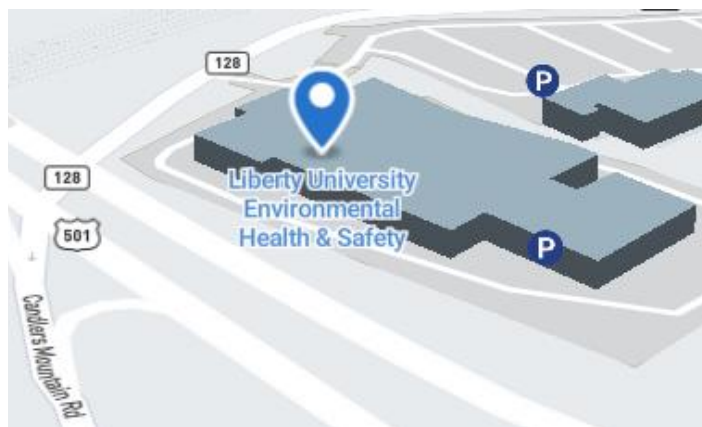
**GOLD LEVEL CHAPTER**  
2023-2024

# MONTHLY MEETING

## JANUARY EC MEETING

**January 15, 2025**

The executive committee (Glenn Hargrove, Jesse Phillips, Bob Drane, Diana Schwerha, F. Carlton Davis, Amanda Sandidge Engstrom, and Eric Cureton) met to discuss upcoming meetings as well as plan for the 2025 calendar year. At this time the committee discussed upcoming elections, the state of the treasury, and additional opportunities for community outreach.



## UPCOMING MEETINGS

**REGISTER AT [Events – ASSP Mountain Valley Chapter](#)**

**Feb 10, 2025: 12:30-1:30pm EST**

**Address:** 15 Salem Ave SE, Suite 301, Roanoke, Virginia, 24011

**Speaker:** Phil Fincher, CIH/CSP, SVP Operations, EI Group

**Details:** An Overview of Industrial Hygiene for EHS Managers

**March 17, 2025: 5:30-7:00pm EST**

**Address:** 4550 Mayflower Dr, Lynchburg, VA 24501

**Speaker:** Bob Drane MS, CSP, OSHA -Sr. Occupational Safety Compliance Officer and Adjunct Faculty, School of Health Sciences at Liberty University

**Details:** Highlights will include a presentation by Bob on Exploitative Child Labor and tour of the Emergency Management facility to include an overview of the LU Champion Safe app.

# NATIONAL AND REGIONAL ELECTIONS

ELECTIONS RUN MARCH 1ST-MARCH 30TH.

## The 2025 Election Slate is Now Live!

"Elections are not simply a routine event. They are a defining moment that helps shape the future of our profession and our community in ASSP. As members of this organization, each of our voices means something and helps propel our progress toward achieving our mission and vision. By coming together to consider the future, we ensure that our elected leaders uphold our community's values, priorities and aspirations." - Pamela Walaski, CSP, FASSP, 2024-25 ASSP President and ASSP Foundation Chair

### Board of Directors

The succession of candidates from Senior Vice President to President-Elect and President-Elect to President is automatic. Therefore, Linda Tapp and Monique Parker will not appear on the actual ballot.

#### President

- [Linda M Tapp, CSP, ALCM, CPTD](#)

#### President - Elect

- [Monique Parker, CSP](#)

#### Senior Vice President

- [Maribeth A Anderson, MPA, CSP](#)
- [Tim Page-Bottorff, M.S., CSP, CIT](#)

#### Director – At – Large

- [Heather MacDougall, J.D., CSP](#)
- [Eric R Sachleben, CSP](#)

### Council Vice President

#### Vice President, Region Affairs

- [Matthew Herron, M.S., P.E., CSP, CPE](#)
- [Emmanuel Winful, CSP](#)

### Region Vice President

#### Vice President - Region III

- [Stanley Gregory, CSP](#)
- [Abby Holovach, M.S., CSP, CHMM, REM](#)

#### Vice President - Region VII

- [John R Hewitt, CHST, OHST, COSS](#)
- [Selena D Schmidt, CSP](#)

#### Vice President - Region IX

- [Gbolahan Kamil Abiodun, MSC, CMIOASH, CSP](#)
- [Mohammad Riaz Shareef](#)

### Assistant Administrator PS/CIG

#### Assistant Administrator - Consultants Practice Specialty

- [Chris Garza, CSP](#)
- [Phil Weinstein, M.S., CSP](#)

#### Assistant Administrator – Fire Protection Practice Specialty

- [Joshua Santiago, CSP](#)

#### Assistant Administrator – Manufacturing Practice Specialty

- [Paul A Zoubek, CSP, CIH](#)

#### Assistant Administrator – Oil, Gas, Mining and Mineral Resources Practice Specialty

- [Bradley Bishop, ASP](#)
- [Wayne Vanderhoof, CSP, CIT](#)

#### Assistant Administrator – Blacks in Safety Excellence Common Interest Group

- [Daniel E Osadiaye, CSMP](#)

### Area Director

#### Area Director – Region I Area 2

- [Amanda Mae Myo Shin, M.S., CSP](#)

#### Area Director – Region II Area B

- [Chantel Hinson, GSP](#)
- [David E Tolbert, CSP](#)

#### Area Director – Region IV Louisiana

- [Chris McGlynn, M.S., CSP](#)

#### Area Director – Region IV South Florida

- [Philip Zazzera, M.S., CSP](#)

#### Area Director – Region V Area 2

- [Nathan Berry, CHST](#)
- [Carrie Kolodji, ARM, AINS, CRIS, AIS](#)

#### Area Director – Region VI Southern Area

- [Bryce S Lawlor, MBA, CSP](#)
- [Heather S. White, MIE, CPE, ASP](#)

#### Area Director – Region VIII Keystone Area

- [Brittany DeRafelo](#)

#### Area Director – Region VIII Metro Area

- [Charles J Keeling Jr, CHST](#)

Additional information can be found here [Elections and Elected Leadership Positions | ASSP](#)

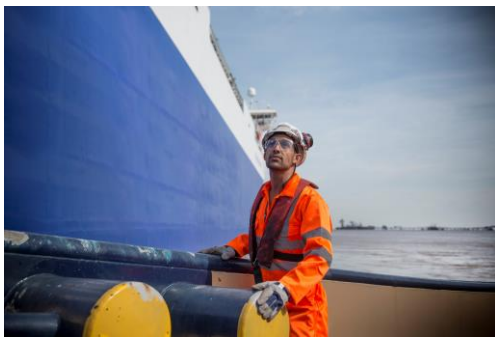
# SAFETY MINUTE

## STUDENT ARTICLE – SAFETY WHEN WORKING WITH NUCLEAR MATERIAL

As a newly introduced engineering student, I have gained a wider understanding of the importance of safety. Before my studies, I was aware of safety protocol, PPE, emergency response, and all the other subcategories of safety; however, I did not realize their great importance within engineering. Every process, every plan, and every idea require some form of safety to be present in order to operate. Studying Industrial and Systems engineering has broadened my once narrow vision pertaining to health and safety. Importantly, organizations like ASSP offer a better understanding to those who have not widely experienced Environmental Health and Safety; additionally, ASSP is able to create a community of people who wish to be submerged in the safety world.



Looking into internships and researching companies, I came across BWX Technologies Inc. BWXT's mission is to, "provide safe and effective nuclear solutions for global security, clean energy, environmental restoration, nuclear medicine and space exploration" ("BWXT Tech..."). Along with the corporate purpose stating, "We employ nuclear technology to solve some of the world's most important problems" ("BWXT Tech..."). As one can imagine, dealing with nuclear material is a significant task where there cannot be room for error. However, errors may occur and that is why EHS (Environmental Health & Safety) is immensely important.



BWXT emphasizes safety on their website, "Managing complex programs, projects and facilities for the government requires managers and teams that clearly understand safety and security. BWXT securely manages and operates facilities that, combined, cover thousands of acres and millions of square feet. BWXT is committed to maintaining a highly skilled security force to constantly monitor our sites" ("BWXT Tech..."). BWXT does a great deal with naval nuclear propulsion, consisting of the "manufacturing of nuclear reactor components for U.S. Naval submarines and aircraft carriers and other nuclear and non-nuclear research" ("BWXT Tech..."). Oh, how this spiked my interest! When I found BWXT's stress on safety, I was pleasantly surprised seeing how deeply they care for their employees.

Delving deeper into safety concerning nuclear endeavors, I came across Harvard's Environmental Health and Safety website. This article provided clear and concise boundaries for those interested in learning about safe radiation practices. Two main points were made; the first being, "Minimize your exposure and ensure the safety of everyone that enters your work area when working with radioactive materials" ("Safe Radiation..."). Here it can be understood that when working with radioactive materials, you must account for not only yourself, but those around you. Therefore, one must always think about others and how an "accident" could deeply affect those around you. The second point being to, "Use our guidance to prepare your work area, perform contamination surveys, shielding, using personal protective equipment (PPE), and learn about common radionuclides" ("Safe Radiation..."). Understanding the consequences of the actions you are performing motivates individuals to be extra careful. This understanding will help you to focus on safety precautions, think about others, and think about the harm nuclear activity can cause.

A world without safety would be absolute chaos! This is why it will be my duty in the near future, as an Industrial and Systems engineer, to ensure and optimize safety precautions in any given workplace. Furthermore, we must try our best to stay safe in unsafe conditions. - **Danielle G. Zamperini, School of Engineering, Liberty University**

### References

"BWX Technologies, Inc. | People Strong, Innovation Driven." [www.bwxt.com](http://www.bwxt.com), [www.bwxt.com/what-we-do/naval-nuclear-propulsion](http://www.bwxt.com/what-we-do/naval-nuclear-propulsion). Accessed 30 Sept. 2024.

"Safe Radiation Work Practices | EH&S." Harvard.edu, 2024, [www.ehs.harvard.edu/programs/safe-radiation-work-practices](http://www.ehs.harvard.edu/programs/safe-radiation-work-practices). Accessed 30 Sept. 2024.

# LOCAL ELECTIONS

**THE OPPORTUNITY FOR MEMBERS TO SERVE IN A VARIETY OF CHAIR POSITIONS IS CRUCIAL FOR A ROBUST CHAPTER AND ALLOWS SHARING OF RESPONSIBILITIES.**

Position	Current Occupant	<u>CALL FOR CANDIDATES</u>
Chapter President	Glenn Hargrove	<p>Please consider nominating yourself or others; reach out to  <b>Jesse Phillips</b>  <b>(jphillips@fandr.com).</b></p>
Delegate	F. Carlton Davis	
Programs Chair	F. Carlton Davis	
Vice President	F. Carlton Davis	
Treasurer	Jesse D. Phillips	
Secretary (and Newsletter Editor)	Amanda C Sandidge Engstrom	
Government Affairs Chair	Bob Drane	
Membership Chair	Glenn Hargrove	
Communications Chair	Eric Cureton	
Nominations & Elections Chair	Diana Schwerha	
Jobs Chair	Jesse D. Phillips	
Awards and Honors Chair	John Domas	
Foundation liaison	Vacant	

**Want to know more about a specific position? See the summaries below for additional insight!**

Position	Summary
Chapter President	<ul style="list-style-type: none"> <li>• Preside at regular and special meeting of the Executive Committee and the membership.</li> <li>• Represent the Chapter at meetings of other organizations.</li> <li>• Be a member of the Area / Regional Operating Committee.</li> <li>• Provide leadership for programs and activities for the Chapter.</li> <li>• Appoint committees necessary to implement objectives of the Chapter.</li> <li>• Submit an Annual Report of Chapter activities.</li> <li>• Submit the names of Chapter officers and Advisory Group Members</li> </ul>
Vice President	<ul style="list-style-type: none"> <li>• Succeed to the office of the President and carry out its duties if the President is unable to serve.</li> <li>• Assume responsibilities for the work of committees as assigned by the President.</li> </ul>
Secretary	<ul style="list-style-type: none"> <li>• Maintain Chapter records.</li> <li>• Record and distribute minutes of meetings.</li> <li>• Notify Chapter members of meetings.</li> <li>• Assume the duties of the Treasurer as necessary.</li> </ul>
Treasurer	<ul style="list-style-type: none"> <li>• Maintain all financial records of the Chapter.</li> <li>• Supervise the receipt and disbursement of funds.</li> <li>• Maintain Chapter funds in a depository.</li> <li>• Transmit to Society Headquarters the audited income &amp; expenses.</li> <li>• Submit to the IRS any required tax documents.</li> <li>• Assume the duties of the Secretary as necessary.</li> </ul>

**Full descriptions are available in the [Chapter Bylaws](#)**

## Are You Passionate About Safety?

Volunteer with ASSP today.

**Get involved**